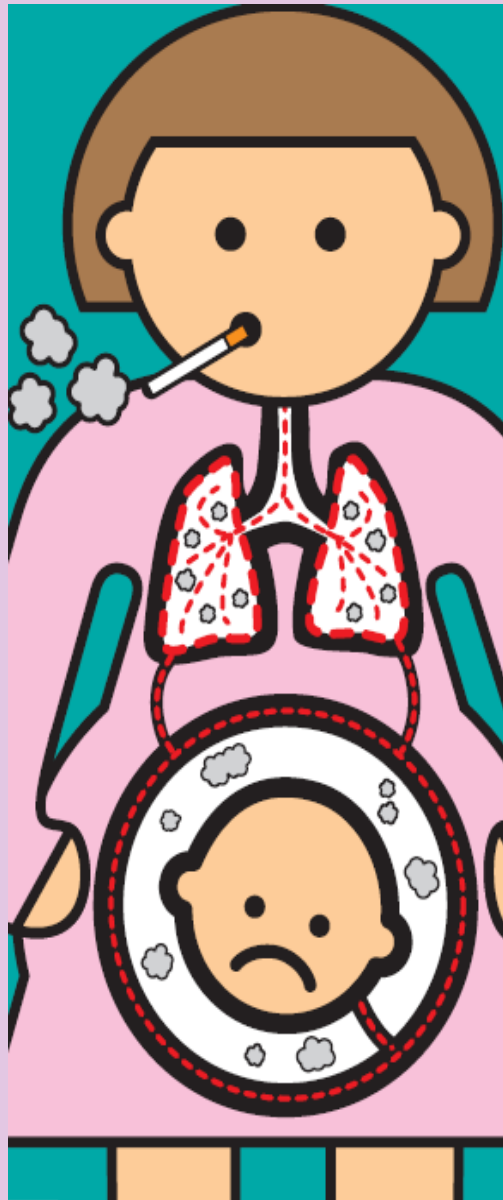


When You Smoke, Two Smoke Do You Know The Risks?

Did you know 1 baby dies in the UK every day due to smoking?

Every time you smoke carbon monoxide enters your lungs. In seconds this gets into your baby's bloodstream through the placenta.

This means baby has **less oxygen for 15 to 20 minutes** each time you smoke and baby's heart has to work much harder.



RISKS TO MUM

Placental Abruption

Your placenta comes away from womb too early causing bleeding.

PPROM

Waters break too early.

Placenta Previa

Placenta covers cervix causing complications.

Miscarriage

RISKS TO BABY

Baby born too small, weak and under developed

Baby born too early

You may not be able to take baby home straightaway.

Sudden Infant Death (SIDS)

Birth defects eg cleft palate/lip, club foot, heart defects,

Infant illness asthma, glue ear

Behavioural problems ADHD

Stillbirth

If you want to reduce the risks to your baby then call

07917 227004* or ask your Midwife to refer you.

You will receive **FREE** Nicotine Replacement products and 1 to1 support to help you.

*Call costs vary and you may be charged. Please check with your service provider.

QUIT **4** **BABY**
NHS

Service provided by
George Eliot Hospital **NHS**
NHS Trust

SMOKEFREE
WARWICKSHIRE